



**Please state what your clinical needs are for an autism assessment provided by Advanced Assessments Ltd:**



**The Autism Spectrum Quotient (AQ)-50: Screening Questionnaire**

Full name: ..... Date of birth: \_ \_ / \_ \_ / \_ \_ \_ \_

This is not a diagnostic test but it will help to determine if you require further assessment

**Instructions**

Enter your personal details into the box above

Read each of the statements very carefully

There are no right and wrong answers

Put a tick in the box to rate how strongly you agree or disagree with the statement

**Do not miss out any statements**

Examples

e.g. 1. I am willing to take risks	definitely agree	slightly agree	slightly disagree	definitely disagree
e.g. 2. I like playing board games	definitely agree	slightly agree	slightly disagree	definitely disagree
e.g. 3. I find learning to play musical instruments easy	definitely agree	slightly agree	slightly disagree	definitely disagree
e.g. 4. I am fascinated by other cultures	definitely agree	slightly agree	slightly disagree	definitely disagree

**When you have completed the questionnaire, please return it to:**

The Assessment Team  
 Advanced Assessments Ltd  
 4<sup>th</sup> Floor, 49 St. James's Street  
 London SW1A 1JT



**The Autism Spectrum Quotient (AQ)-50: Screening questionnaire**

Put a tick in the box to rate how strongly you agree or disagree with the statement

		<b>Definitely agree</b>	<b>Slightly agree</b>	<b>Slightly disagree</b>	<b>Definitely disagree</b>
1	I prefer to do things with others rather than on my own				
2	I prefer to do things the same way over and over again				
3	If I try to imagine something, I find it very easy to create a picture in my mind				
4	I frequently get so strongly absorbed in one thing that I lose sight of other things				
5	I often notice small sounds when others do not				
6	I usually notice car number plates or similar strings of information				
7	Other people frequently tell me that what I've said is impolite, even though I think it is polite				
8	When I'm reading a story, I can easily imagine what the characters might look like				
9	I am fascinated by dates				
10	In a social group, I can easily keep track of several different people's conversations				
11	I find social situations easy				
12	I tend to notice details that others do not				
13	I would rather go to a library than a party				
14	I find making up stories easy				
15	I find myself drawn more strongly to people than to things				
16	I tend to have very strong interests which I get upset about if I can't pursue				
17	I enjoy social chit-chat				



		<b>Definitely agree</b>	<b>Slightly agree</b>	<b>Slightly disagree</b>	<b>Definitely disagree</b>
18	When I talk, it isn't always easy for others to get a word in edgeways				
19	I am fascinated by numbers				
20	When I'm reading a story, I find it difficult to work out the characters' intentions				
21	I don't particularly enjoy reading fiction				
22	I find it hard to make new friends				
23	I notice patterns in things all the time				
24	I would rather go to the theatre than a museum				
25	It does not upset me if my daily routine is disturbed				
26	I frequently find that I don't know how to keep a conversation going				
27	I find it easy to 'read between the lines' when someone is talking to me				
28	I usually concentrate more on the whole picture, rather than the small details				
29	I am not very good at remembering phone numbers				
30	I don't usually notice small changes in a situation, or a person's appearance				
31	I know how to tell if someone listening to me is getting bored				
32	I find it easy to do more than one thing at a time				
33	When I talk on the phone, I'm not sure when it's my turn to speak				
34	I enjoy doing things spontaneously				
35	I am often the last to understand the point of a joke				
36	I find it easy to work out what someone is thinking or feeling just by looking at their face				



37	If there is an interruption, I can switch back to what I was doing very quickly				
38	I am good a social chit-chat				
39	People often tell me that I keep going on and on about the same thing				
		<b>Definitely agree</b>	<b>Slightly agree</b>	<b>Slightly disagree</b>	<b>Definitely disagree</b>
40	When I was young, I used to enjoy playing games involving pretending with other children				
41	I like to collect information about categories of things (e.g. types of cars, birds, trains, plants, etc.)				
42	I find it difficult to imagine what it would be like to be someone else				
43	I like to plan any activities I participate in carefully				
44	I enjoy social occasions				
45	I find it difficult to work out people's intentions				
46	New situations make me anxious				
47	I enjoy meeting new people				
48	I am a good diplomat				
49	I am not very good at remembering people's dates of birth				
50	I find it very easy to play games with children that involve pretending				
	<b>Subtotal</b>				
				<b>Total</b>	



## **The Autism Spectrum Quotient (AQ)**

The Autism Spectrum Quotient, or AQ, is a questionnaire published in 2001 by Simon Baron-Cohen and his colleagues at the Autism Research Centre in Cambridge, UK as a self-reporting questionnaire.

The AQ consists of fifty statements reflecting personal beliefs, views and preferences and covers 5 different areas: social skill, attention switching, attention to detail, communication and imagination. It aims to investigate whether adults of average intelligence have symptoms of autism or one of the other autism spectrum conditions. (More recently, versions of the AQ for children and adolescents have also been published). It is commonly used for of Asperger syndrome and high-functioning autism.

In the initial trials of the test the average score in the control group was 16.4, with men scoring slightly higher than women (about 17 versus about 15). 80% of adults diagnosed with autism spectrum disorders scored 32 or more, compared with only 2% of the control group. The authors cited a score of 32 or more as indicating "clinically significant levels of autistic traits". Although the test is popularly used for self-diagnosis of Asperger syndrome the authors caution that it is **not intended to be diagnostic** and anyone who obtains a high score should only be referred for further assessment if they are suffering from a clinical level of distress as a result of their autistic traits, as many people with mild autism or Asperger's syndrome have no difficulty in functioning in their everyday lives.

The respondent can agree or disagree with each of these statements using a 4 point Likert scale (1 = "definitely agree", 2 = "slightly agree", 3 = "slightly disagree", and 4 = "definitely disagree")

**The questionnaire can be used for screening in clinical practice, with scores less than 26 indicating that a diagnosis of ASD syndrome can effectively be ruled out.**